

HUBUNGAN ANTARA *SIBLING RIVALRY* DAN *SELF-ESTEEM* PADA REMAJA

Veronica Hani Mutiara Palupi

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara *sibling rivalry* dengan *self-esteem* pada remaja. Hipotesis yang diajukan dalam penelitian ini yaitu terdapat hubungan negatif antara *sibling rivalry* dengan *self-esteem* pada remaja. Kriteria subjek dalam penelitian ini yaitu remaja berusia 12-18 tahun yang tidak memiliki saudara kandung berkebutuhan khusus, tinggal satu rumah dengan saudara kandung dan orang tua. Responden yang terkumpul sebanyak 301 remaja. Metode pengambilan data dalam penelitian ini menggunakan survei daring atau *google form*. Alat pengambilan data yang digunakan berupa skala *sibling rivalry* yang dibuat sendiri oleh peneliti dan skala adaptasi yaitu *Self-esteem Scale*. Koefisien reliabilitas pada uji coba skala *sibling rivalry* sebesar 0.969 dan pada skala *self-esteem* sebesar 0.856. Data penelitian dianalisis menggunakan uji korelasi *Spearman's rho one-tailed* karena data tidak berdistribusi normal. Hasil uji korelasi menunjukkan *sibling rivalry* dan *self-esteem* berkorelasi secara negatif dengan koefisien korelasi sebesar -0.621 dan nilai signifikansi (p) sebesar 0.00 ($p < 0.01$). Berdasarkan hasil tersebut, terdapat hubungan negatif dan signifikan antara *sibling rivalry* dan *self-esteem*.

Kata Kunci: *sibling rivalry*, *self-esteem*, remaja

**THE RELATIONSHIP BETWEEN SIBLING RIVALRY
AND SELF-ESTEEM IN ADOLESCENTS**

Veronica Hani Mutiara Palupi

ABSTRACT

This study aimed to know the relationship between of sibling rivalry and self-esteem in adolescents. The proposed hypotheses were there is a negative relationship between sibling rivalry and self-esteem in adolescents. The criteria for the subjects in this study were adolescents aged 12-18 years who did not have siblings with special needs, lived in the same house with siblings and parents. Respondents collected were 301 adolescents. The data collected by online surveys or google form. The method of data collection in this research used sibling rivalry scale which was made by the researcher and an adaptation scale, namely the Self-esteem Scale. The reliability coefficients on the sibling rivalry scale trial is 0.969 and on the self-esteem scale is 0.856. The research data were analyzed using the Spearman's rho one-tailed correlation test because the data were not normally distributed. The results of the correlation test show that sibling rivalry and self-esteem are negatively correlated with a correlation coefficient of -0.621 and a significance value (p) of 0.00 ($p < 0.01$). Based on these results, it can be concluded that there is a negative and significant relationship between sibling rivalry and self-esteem.

Key Words: *sibling rivalry, self-esteem, adolescents*